

Monday, March 21
10:00 to Noon
Trinity United Church - 8810 Meadowlark Road

Join us for a cooking class and lunch as Debra Martin from Alberta Pulse Growers teaches us all about these healthy affordable foods and different ways to cook them.

Admission by donation but pre- registering will help us plan for supplies.

Register by contacting Ashley at ashleyt@food4good.ca or by phone at 780-906-4971.

Hosted by Food4Food (formerly known as the Westend Food Alliance), Alberta Pulse Growers and the Food Justice Team at Trinity United Church.